

## Alternate Delegate Report Panel 61 Assembly 6/19/2021

I am so psyched for our first Assembly of Panel 61! I'm looking forward to meeting all of the new GRs, especially when we get together for GR orientation on Saturday morning. It is one of my favorite responsibilities in my role as Alternate Delegate! I really enjoyed being DR for District 12 and GR for my home group, Stickney Saturday Morning, in Sarasota for Panel 58, and loved facilitating District GR orientation at one of our District Meetings!

As Area Alternate Delegate I am also our Area *Forum* Coordinator. My goal is to encourage every member in every group to use *The Forum* as a relevant part of their recovery. Once it is safe, I hope to visit every District to present writing workshops for *Forum* publication. Until then writing workshops will be held via Zoom. It was through one such writing workshop at Assembly that I submitted an article that was later published in *The Forum*! I have also received monthly *Forum* sales reports, which summarize monthly *Forum* sales. In Florida 1087 copies went out to Groups, Districts, individuals, Literature Distribution Centers, and others during the month of May.

I am also looking forward to facilitating Red Light/Green Light (RL/GL) on Sunday morning. I had the opportunity to participate in RL/GL during the last panel when our District volunteered to answer an Al-Anon question using Conference Approved Literature (CAL). I learned so much through that experience, which deepened my spiritual growth, as I researched our CAL to find the "answers". For our June 2021 Assembly DRs suggested questions for RL/GL, which I enjoyed reading through, then selecting, two questions, for one of each two Districts to Answer at Assembly.

It is also my job as Alternate Delegate to act as timekeeper for sharings at both Assembly and at our Area World Service Committee (AWSC) meetings, which is always fun.

The Alternate Delegate Alcove on our Area website, afgarea9.org is a work in progress. I have recently updated both Word and Power Point GR Orientation documents, which we will review at GR Orientation on Saturday morning.

Perhaps most importantly, I work closely with the Delegate, assist however needed, participate in Area world service activities, and am learning about her duties so that if she is unable to finish her three-year term, I will be able to step in and complete it. (Al-Anon/Alateen Service Manual 2018-2021, pgs. 140, 148, 153).

I'm looking forward to getting to know each and every member of Panel 61! Panel 61 will be fun!

*"Talk to each other. Reason things out. Keep it simple."*

