



Alternate Delegate Report Panel 61 Assembly, October 13-15, 2023

I'm so excited to see everyone at Assembly next month! My home group is Stickney Saturday Morning AFG, Saturdays 8:30 AM, in Sarasota. Visit us when you're in town!

Can you believe that this is our FINAL Assembly of Panel 61? And you know what that means...ELECTIONS.

Have you considered if, and if so, how you are willing to serve for panel 64?

If you are a current AWSC voting member, and have been for the past three years, you likely qualify to stand for Alternate Delegate. To learn more about qualifications for Area positions, please see the Florida North [Election Procedures](#).

I love this position! And I think that you would too! As part of the team of Area Officers, and a member of NFA AFG, Inc., the Area's Board of Directors, I received the gift of working alongside of some of the most loving and committed trusted servants I could ever imagine! I have grown spiritually from service and invite you to join me on a spiritual journey through service.

The most important responsibility of the Alternate Delegate is to stand in for our Delegate if she is unable to participate as Delegate for any amount of time during our three-year panel. (AI-Anon/Alateen Service Manual 2022-2025, pgs. 140, 151-152, 157, 162). You can find Job Descriptions for all Area positions [here](#).

For our most recent World Service Conference in April, 2023, our Delegate was unable to attend, and in my role as Alternate Delegate I stood in for our Delegate as a full voting member of the Conference! It was what I had been preparing for throughout this panel and was an experience of a lifetime! My words cannot do justice in describing the depth of spirituality that flows through every aspect of the Conference! From our trusted leaders sharing the spiritual nature of their responsibilities and addressing every Conference member with grace, compassion, respect, understanding and love to our visit

to our World Service Office Headquarters, to the WSO 2022 Annual Report and even the Financial Report and Audit!

If I had not stood for the position of Alternate Delegate at the end of last panel, I would not have had this opportunity to experience the depth and breadth of spirituality that embodies our Conference!

Look at the rest of the fun stuff that I am responsible for as Area Alternate Delegate:

The Alternate Delegate is the Area *Forum* Coordinator. As such, my goal is to encourage every member in every group to use, and submit writings to, *The Forum* as a relevant part of their recovery. We have had many virtual *Forum* Writing Workshops so far and I hope to be able to visit Districts in-person for live *Forum* Workshops later this year. It was through a writing workshop at Assembly years ago that I submitted an article that was later published in *The Forum*! Please let me know if you would like to schedule a *Forum* Writing Workshop for your District. Email me at AltDelegate-61@AFGArea9.org.

As Area *Forum* Coordinator, I receive monthly *Forum* sales reports, which summarize monthly *Forum* sales. In Florida in September 1199 copies went out to Groups, Districts, individuals, Literature Distribution Centers, and others, which is higher than my last report of 1187 in May, 2023. What is even more exciting is that *Forum* copies have now been separated by Area, not just by State. So, in Florida North, Area 9, we have had 735 copies for the month of May, which is more than we had in May, 2023, 717.

I love facilitating Red Light/Green Light (RL/GL) at Assemblies, usually on Sunday mornings. In preparation for each Assembly, RL/GL questions from DRs are reviewed at AWSC. From those submitted, two questions are selected and given to each of two Districts assigned to research and present findings at the following Assembly. I had the opportunity to participate in RL/GL during the last panel when our District volunteered to answer an Al-Anon question using Conference Approved Literature (CAL). I learned so much through that experience, which deepened my spiritual growth, as I researched our CAL to find the “answers”. Our RL/GL Guidelines are spiritual in nature, as the document was studied, amended, and agreed upon by a Group Conscience during an earlier panel. The guidelines can be found among guidelines on our Area Documents page, under “Guidelines – Area Meetings: [Red Light/Green Light Guidelines](#). District Representatives please

submit at least one question on our Area website, www.AFGArea9.org, at the [Alternate Delegate Alcove](#), before each AWSC.

It is also my job as Alternate Delegate to act as timekeeper for sharings at both Assembly and AWSC meetings, which is always fun! As such, I am the timer for Red Light/Green Light (RL/GL). You may find that, at the Chairperson's discretion, time may be extended for certain agenda items throughout the Assembly, however, given the spiritual nature of our RL/GL guidelines, no such extensions are made during the RL/GL portion of Assembly. There is always time at the end of the session for Open Mic, where any as yet unaddressed questions, comments and concerns may be addressed.

The [Alternate Delegate Alcove](#) on our Area website, www.AFGaarea9.org is getting updated all the time. Check it out and please send me feedback! If you have been published in *The Forum* and are willing to have your name, District number and *Forum* date and page number(s) listed on the website, please let me know and provide the details as listed above.

I love getting to know everyone on Panel 61 and hope to reach each and every member! Panel 61 is fun!

Love, Gretchen Sciarrino, Area Alternate Delegate, Panel 61, Florida North



"Talk to each other. Reason things out. Keep it simple."