

Hi all,

We had a wonderful start to our second year of Panel 55. We had 20 voting members attending our first District meeting, out of 25 groups.

We are looking forward to helping in our Outreach program. The chairs have been sending thank you notes to the media. The Spanish Intergroup sent one in advance of hearing the message, and received a call asking for more information. If you work it it works....

We have our first workshop planned for this month. It's titled "ABC's of Self Acceptance".

Looking forward to seeing everyone at AWSC

Nancy C DR District 10

Colleen Mc AISL District 10