

Assembly – May 20 – 22, 2016, District 4 Report

(Flagler, Putnam, St. Johns, and East Volusia Counties)

The attendance at our monthly business meeting is keeping steady at approximately 29 – 32 each month (we had to get a new, larger meeting room). Our members are actively speaking up/participating in the discussions regarding our agenda items. During the monthly “GR Shout Out”, GRs bring up topics of concern or questions from their home groups; these are usually “lively” discussions. I believe that every meeting, whether a business or a home group meeting, is an opportunity for learning about our Legacies; hence, aiding our journey of recovery. When questions arise, the answers are found in the Service Manual; one of the many Conference Approved Literature items; and/or a Step, a Tradition, or a Concept.

What’s new in District 4, you ask? Well, let me share: Since most groups hand out Forums from previous months/years to newcomers, newish-comers, visitors, whomever, and it has been suggested that, in the fashion of labeling the AFAs, District 4 affixes labels with our contact information on these Forums. An Alateen meeting just started at Halifax Behavioral Services; an institution Alateen meeting, which is being supported financially by the District.

Many of our groups not only have GRs, but have alternate GRs, who actually attend District meetings!

Three new GRs and their home groups hosted our District Picnic on April 23 in Palm Coast; and two new GRs and their home groups are hosting our District Gratitude Dinner in Holly Hill on November 5. These groups are aware that in Al-Anon, “we don’t do things alone”. A new GR has also volunteered to research (with her home group participating) Question 3 of Red Light/Green Light; another new GR volunteered to take the lead on creating and presenting a skit on Concept 5 for the Assembly “Fun Shop”.

The Public Outreach chairs are distributing AFAs, as well as, providing Al-Anon information to the public at Health Fairs. Our new banner/table cover (thank you to NFA PO) and lots of AFA’s/ Where & Whens will join a District 4 member this weekend (May 20) during a Nurses’ Conference in St. Augustine.

Our District Archivist volunteered to create bookmarkers as Love Gifts to be mailed to our Delegate during WSC. The words below the owl on the bookmark are: “Give a Hoot: Don’t Dilute! Use Conference Approved Literature.”

I enjoyed being on the Task Force updating the Area By-Laws and creating an Area Charter based on the WSO Charter; our AISL is on the Task Force with the focus on Area Service Workshop Guidelines.

Lucy M. DR

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