District Representative/AISL Report AWSC August 19, 20, 2016

District 4 (East Volusia, East Putnam, Flagler, St. John's Counties)

District 4 has approximately 35 meetings, including one Alateen meeting and two institution meetings.

District 4 holds its business meeting on the third Saturday of each month at Santa Maria Catholic Church in Flagler Beach, starting at 10 a.m. After a 10-minute break at 11 a.m., we resume with a member's spiritual share; light refreshments are served. Approximately 10 minutes are reserved for the "GR Shout Out", where any GR/member present can bring to the floor an Al-Anon-related issue: a conflict in their group, a question about following/breaking a Tradition, etc. This newly incorporated GR Shout Out has spurred some interesting discussions! Our guests from Convention 2016 commented positively about this part of our meeting. A returning GR (who had been out-of-service for 3 years) added that she didn't fall asleep during this business meeting as she had done in the past! She wanted to pay attention to all that was going on!

The DR chairs the first part of the meeting; the AISL chairs the second part asking for reports from AIS committees. Attendance numbers remain steady, 28 to 32; this number includes Alternate GRs, guests from the district's meetings, and those in service at the group level. In fact, one group AGR expressed a desire to attend Assembly even though the GR planned to attend... Can you say, "GIP"?

In June, four members of the Convention 2016 visited and participated in our business meeting. They brought with them the excitement of hosting such an event. Members in attendance were encouraged to volunteer their services (at least one hour of their time) during the Convention 2016 event. District 4 DR and AISL have signed up to volunteer; have you?

What's new: (1) Two GRs (with the participation of their home group members) have volunteered to host our annual Gratitude Dinner in November; (2) Public Outreach continues to attend Health Fair/Events, proudly displaying our new table cover and banners; (3) Although Alateen meetings are not in abundance in our District, AMIAS are greatly needed; (4) Our AISL is putting together a writing workshop with the hopes of having the Area Alternate Delegate, Jill, join us.

Yours in Service, Lucy M, District Representative of District 4

Diana Z, Area Information Services Liaison of District 4