

**District 10 Report**  
**May 2017 Assembly**  
**DR & AISL**

We have been very busy in District 10, with our District meetings on the odd months and we have a workshop on the even months. The Groups hosting the workshops have had topics on feelings and taking care of ourselves. We have had very good attendance every month. We are taking care of ourselves and feeling our feeling in our recovery.

Our chairs are really stepping up their game. We have a new look to our News Letter, and our web site is going to be increased. Our phone chair is handling all the call on Blue Tooth. There was a initial charge of \$21.00 and our bill will be around \$40.00 a year. We have a Traveling support team visiting all the meetings, and our Outreach chairs are making sure every request they receive is taken care of. They attend a facility once a month bringing a meeting to the family members of loved ones on the inside.

We are looking forward to our up coming elections. At the first District 10 meeting a note book was passed out with informaion on election procedures, job descriptions, and the policies and procedures of District 10. I am thinking along with the Service Manual the information passed out must have been of some use to our Panel 55 members. They are the best, stepping up when asked and if not asked stepping up anyway.

I am going to ask our panel members to share what they feel could be added to their job description or what may be there that does not seem necessary. It's important when we stand for a position, to understand what is expected of us. This information will be given to the GR's to take to their groups for discussion.

What a great weekend we have coming up this May. We have had a lot of enthusiasm about the TEAM event. Assembly for me is seeing all the familuar faces with the smiles, priceless.

Nancy C DR & Colleen Mc AISL

