**BBQ LEADER’S SCRIPT FOR BREAKOUT DISCUSSION GROUPS**

**Power Point 10 minutes**

**LEADER SAYS**: “We have an hour and a half to share together about how we can empower our members in the use of Al-Anon’s Legacies and policies when seeking solutions to issues within the Area, District, and group.”

1. **DISTRIBUTE INTRODUCTORY HANDOUT ONE (Two Quotations and Six Discussion Questions)**

(**Five min.** for welcoming people to group and reading aloud)

**LEADER SAYS:** “\_\_\_\_\_\_\_, will you please read the first quote? \_\_\_\_\_\_\_\_, will you please read the second quote? \_\_\_\_\_\_\_\_\_\_, will you please read the first three questions?

Let’s divide into four groups (Count off from one to four). In your small groups, you’ll spend 15‑minutes sharing on the first three questions on this handout. Try to discuss all three questions. Then we’ll come back together as a whole group to share ideas.”

**THREE QUESTIONS:** **(Twenty-five min.)**

1. Why is it so important that the members believe in themselves and believe in a Higher Power —that members become informed about the use and interpretation of our materials? And why is it so important for the future of Al-Anon?
2. What do we hope will happen to individuals and groups who research our Legacies, *Service Manual* and Policy Digest; and hold discussions among the membership?
3. What are the spiritual benefits of the membership exploring these resources and finding their answers by having discussions among themselves?

**LEADER SAYS**: Now let’s take a few minutes to hear the ideas shared in your small group discussions. **10 min, 2 min per sharing**

**LEADER INFORMATION ONLY—NOT TO BE READ ALOUD:**

Allow one or two min. per small group so each can recap their responses to the first three questions.

Some possible “answers” to the above three questions: Members feel capable. They can apply the principles in multiple situations. They gain confidence, become self-reliant, self-respecting. They become able to find solutions, especially ones based on principles and not emotions or reactions. They learn to trust themselves, others and the Higher Power.

1. **DISTRIBUTE HANDOUT TWO: Chart of Process, Examples and Principles**

(**15 min.** for reviewing and discussing the next two questions, using the Chart as reference)

**LEADER SAYS:** This Chart came about as a result of exploring our Legacies and reading Conference Approved Literature (CAL), particularly about Tradition Four in *Reaching for Personal Freedom—Living the Legacies* (P‑92) and Concept Three in *Paths to Recovery—Al‑Anon’s Steps, Traditions, and Concepts* (B‑24). Please look over the ideas on the Chart about seeking a solution to an issue. Do you see how this information could be helpful to members as they begin to seek their own solutions?

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Allow a few moments for people to survey the Chart. Ask members to read each column (starting on the left and working to the right) including the example on the back. Clarify any questions/comments about the Chart. Then proceed to discuss the next two questions within the whole group.

**LEADER SAYS**: “Now let’s discuss the next two questions (No. Four and No. Five) on our initial handout, using the Chart as our reference.”

**TWO QUESTIONS:**

1. As you review this chart, what part(s) of the process can be strengthened in your Area, Districts and groups? (In other words, what is or is not happening?) *We do not want you to get stuck in the problem, but rather to spend time discussing the process you used or use to arrive get a satisfactory resolution.*
2. What role can you as an informed and responsible trusted servant play in helping the membership become more familiar with the process of seeking solutions using the Legacies and policies?

**LEADER SAYS:** “Keeping in mind your discussion ideas as well as your role, let’s move on to our final activity, brainstorming ideas to share in our final Conference Room Summation Session.

1. **PREPARE FOR SUMMATION/REFLECTION SESSION** (**15 min.**)

**LEADER SAYS:** Now that we’ve talked about *why* it’s important for members seek their own solutions and *how* to begin, let’s talk specifically about ways we can help empower the membership. Let’s suggest some answers to our final question.

**FINAL QUESTION**:

1. What strategies can we as*a group* devise to empower members to seek their own solutions?

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**Prompts – Examples of Strategies:**

Share the Process Chart.

Introduce *Reaching for Personal Freedom* and *Paths to Recovery* workbooks to encourage members to study how the Legacies apply to their own lives.

Hold a “What is Policy?” workshop.

Supply some “dilemmas” and ask members to seek their own solutions, using the Chart process.

Prepare a simple KBDM handout for an Assembly workshop so that all members have access to the five questions (thanks to their Group Representative [GR]) and can apply them to an issue in their group or District.

Share on PP questions- 10 minutes Total 90 minutes