

ALATEEN REPORT AWSC FEB 2021

By Eleanor J

Alateen Coordinator Area 9

From Alanon.org:

Alateen is a place where members come together to:

- share experiences, strength, and hope with each other to find effective ways to cope with problems.
- discuss difficulties and encourage one another
- help each other understand the principles of the Al-Anon program through the use of the Twelve Steps and Alateen's Twelve Traditions

Alateen is not a place:

- For teenagers seeking help for drinking or drug problems or a therapy program
- to complain about parents or anyone else.
- A social hangout.

The above, from Al-Anon.org, is a very simple explanation of what the Alateen program is and is not. To over complicate it in any way might risk teens from attending or Al-Anon members from offering their service. Our goal for this panel is to create a warm and safe environment for our young members to gather and recover from the effects of a loved one's drinking.

From Al-Anon/Alateen Service manual 2018-2021:

Group Representative (GR) duties

Encourages Alateen sponsorship in accordance with Area Alateen Safety and Behavioral Requirements

There are many ways for a GR to "encourage Alateen sponsorship". As Area Alateen Coordinator I would like to feel confident that every GR, at every meeting is announcing the existence and the importance of Alateen. This can

start at the District level by having a District Alateen Coordinator and always including Alateen information, meetings, events, etc. on the agenda.

Our Area 9 AAPP, Cindy J, and I began working with each other via Zoom in the latter part of December. We agreed that our goal to begin the Panel would consist of three things:

- 1) One page on the Area website where Alateen information and resources can be found
- 2) A simplified way of training and certifying those who want to become an AMIAS (Al-Anon Member in Alateen Service)
- 3) Assist current Alateen meetings with opening Virtual ZOOM meetings using times where registered meetings already exist. A goal of at least four meetings per week should provide a convenient time for any teen looking for recovery

Alateen information and resources are available on the area website under member's pages. This page will be updated when things change throughout the panel.

A schedule for AMIAS Training and certification has been set up and is available on the web-site. The Virtual on-line sessions called **FRESH** which stand for **Forms Resources Experience Strength and Hope**, take place monthly with the exception of July, August, and December. During this time the member will be able to be trained as an AMIAS, fill out forms for certification (forms are on the web-site), and share experience, strength, and hope with each other. Trainers can also conduct FRESH events as the resources for that are available on the website. We will work with each District on this.

The process for launching Alateen Zoom Meetings is ongoing. Of course you may start or restart Alateen meetings on your own. It is my hope that our current certified AMIAS are working diligently to see that the teens in their districts who are seeking recovery through Al-Anon and Alateen have a means for doing that.

There continues to be progress in Alateen meetings on the WSO Mobile App. Downloadable for iPhones and Android devices. AMIAS participation on the app is in compliance with area requirements for Alateen meetings. These meetings are open to all teens but they must have their own App account, and must be on a mobile device. The meetings follow all Area, WSO, and Alateen Service requirements, and any adult joining an app meeting must be an AMIAS. The waiting room for the meeting strictly states it is only for teens 13-18. As I continue to attend the monthly Alateen Coordinator meetings, I will learn more!

Thank you for trusting me to serve in this important role!!