

August 5, 2022

Dear Area Al-Anon family:

Happy Summer to you all! District 10 is thrilled to be attending AWSC!

Our District currently has 19 active meetings with 0 Al-Ateen. Resurrecting Al-Ateen post COVID is one of the great challenges we face. We have given our desires to HP and we wait for his direction.

We held a Conflict Resolution workshop in April hosted by Cindy J. Our District voted to donate the Intimacy book and conflict resolution packet to each participant who joined us. We had over 30 members attend with gratitude and fellowship. Thank you to our district for investing in its members.

Our June workshop, just two weeks prior to Assembly was called Serenity in Service. Meditation was how we kicked off our time together. Then we reviewed the guidance provided by our service manual. After refreshments and a break, a panel of previous GR's shared their experience in service.

Our August workshop will be hosted by our Monday Miracles Group. The craft workshop, "Let Go and Let God" will center on crafting God Boxes to sell at the Convention Boutique. Our very own Robin stepped up as Program Chair representing District 10's collaboration for convention. We are looking forward to seeing everyone in Orlando in August.

Blessings,

Susan T.

Distinct Representative

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"Being allowed to make appropriate decisions, to act freely without being hassled or second guessed, gives dignity to the person who is doing the job" The Concepts – Al-Anon's Best Kept Secret? .