

Alternate Delegate Report Panel 61 Assembly October 7-9, 2022

I'm so excited to see everyone at our last Assembly of 2022! My home group is Stickney Saturday Morning AFG, Saturdays 8:30 AM, in Sarasota. Visit us when you're in town!

It's time to start thinking about service for the next panel! What are you thinking? If you have been a GR, how about standing for an Area position, such as DR or DISL? If you have been a member of AWSC, you will likely qualify to be an Officer. Check out the Area Election Procedures – Amended September 2020 at [Area Doc Library \(afgarea9.org\)](http://afgarea9.org) under “Procedures” to see if you qualify, and if so, consider standing for Area Alternate Delegate! I love this position! And I think that you would too! As part of the team of Area Officers, and a member of NFA AFG, Inc., the Area's Board of Directors, I received the gift of working alongside of some of the most loving and committed trusted servants I could ever imagine! I have grown spiritually from service and invite you to join me on a spiritual journey through service. Look at the fun stuff that I am responsible for as Area Alternate Delegate:

As Area Alternate Delegate I am our Area *Forum* Coordinator. My goal is to encourage every member in every group to use, and submit writings to, *The Forum* as a relevant part of their recovery. We have had many virtual Forum Writing Workshops so far and I hope to be able to visit Districts in-person for live Forum Workshops in the future. At this Assembly we will have our first in-person Forum Writing Workshop of this panel on Saturday night! It was through one such writing workshop at a previous Assembly that I submitted an article that was later published in *The Forum*! Please let me know if you would like to schedule a Forum Writing Workshop for your District. Email me at AltDelegate-61@AFGArea9.org. As Area *Forum* Coordinator, I receive monthly *Forum* sales reports, which summarize monthly *Forum* sales. In Florida 1222 copies went out to Groups, Districts, individuals, Literature Distribution Centers, and others during the month of August, which is about the same as my last report of 1223 in July, 2022. What is even more exciting is that *Forum* copies have now been separated by Area, not just by State. So, in Florida North, Area 9, we have had 731 copies for the month of August. Going forward I will be able to report on changes to that number in my reports for AWSC and Assembly.

I love facilitating Red Light/Green Light (RL/GL) at Assemblies, usually on Sunday mornings. In preparation for each Assembly, RL/GL questions from DRs are reviewed at AWSC. From those submitted, two questions are selected and given to each of two Districts assigned to research and present findings at the following Assembly. I had the opportunity to participate in RL/GL during the last panel when our District volunteered to

answer an Al-Anon question using Conference Approved Literature (CAL). I learned so much through that experience, which deepened my spiritual growth, as I researched our CAL to find the “answers”. District Representatives please submit at least one question on our Area website, www.AFGArea9.org, at the [Alternate Delegate Alcove](#), before AWSC.

The [Alternate Delegate Alcove](#) on our Area website, www.AFGaarea9.org is getting updated all the time. Check it out and please send me feedback!

It is also my job as Alternate Delegate to act as timekeeper for sharings at both Assembly and AWSC meetings, which is always fun.

Perhaps most importantly, I work closely with our Area Delegate, assist however needed, participate in Area world service activities, and learn about her duties so that if she is unable to finish her three-year term, I will be able to step in and complete it. (Al-Anon/Alateen Service Manual 2018-2021, pgs. 140, 148, 153).

I love getting to know everyone on Panel 61 and hope to reach each and every member! Panel 61 is fun!

Love, Gretchen Sciarrino, Area Alternate Delegate



“Talk to each other. Reason things out. Keep it simple.”