

## Proposed New Suggested Alateen Preamble to the Twelve Steps:

Alateen, part of the Al-Anon Family Groups, ~~is a fellowship of~~ for young people who whose lives have been affected by alcoholism in a family member or ~~close~~ friend. We help each other by sharing our experience, strength, and hope.

We believe alcoholism is a family disease ~~because it affects~~ affecting all the members everyone emotionally and sometimes physically. Although we cannot change or control our ~~parents~~ the alcoholics in our lives, we can detach from their problems while continuing to love them.

In Alateen we focus on our own program rather than outside issues such as ~~We do not discuss religion, politics, social media, or other Twelve Step programs, or become involved with any outside organizations.~~ There are no dues for membership. Alateen is self-supporting through its own voluntary contributions. Our sole topic is the solution of our problems. Alateen has one purpose: to help young people affected by someone else's drinking. We are always careful to protect each other's anonymity as well as that of all Al-Anon and A.A. members.

By applying the Twelve Steps to ourselves, we begin to grow recover from the effects of the family disease of alcoholism mentally, emotionally, and spiritually. ~~We will always be grateful to Alateen for giving us a wonderful, healthy program to live by and enjoy. This allows us to encourage our alcoholic relatives and friends, and to give hope to other teens.~~