

Alateen Virtual Resources

Let's carry our message - It's not a secret

Resources include

<https://al-anon.org/newcomers/teen-corner-alateen/>
<https://al-anon.org/al-anon-meetings/virtual-meetings/>
<https://www.facebook.com/AlateenWSO/>

and

there are **moderated chat meetings specifically for teens** in ANY location here: <https://chat.alateen.net/>

The teen reads and signs an online form and then can join in on any of these AMIAS moderated chat sessions.

Current Meeting Schedule (meetings last one hour)		
Day	Start Time	Room
Sunday	2:00 pm Central Time	Tennessee Alateen Room
Sunday	7:00 pm Mountain Time	Alberta NT Alateen Room
Monday	7:00 pm Atlantic Time	Maritime Provinces Alateen Room
Monday	7:00 pm Pacific Time	Washington Alateen Room
Wednesday	4:00 pm Pacific Time	Nevada Alateen Room
Wednesday	7:30 pm Mountain Time	Montana Alateen Room

Rules of Conduct

These requirements apply to your screen name, as well as your sharings and topics. Alateen members agree to the following requirements in order to participate in the chat meeting:

1. **Ages 13-18 only.**
2. **Keep it polite—no badmouthing others or outside topics.** I will not harass or discriminate against others. I will not promote violence, slander any social group, or discuss outside issues.
3. **No swearing or sexually explicit language allowed.** I will not use profanity, crude, or obscene language.
4. **Do not give out your personal info.** I will not give out any personal information that could identify me, such as my name, e-mail or street address, phone number, school name, etc.
5. **Don't ask for other's personal information.** I also agree that I will not ask for, collect, or attempt to use personal information from anyone in the chat meeting. Personal information includes but is not limited to full name, address, e-mail address, phone number, or name of their school.
6. **No discussion of alcohol, drugs, or other illegal substances.** I will not promote the use of or otherwise talk about the personal use or my personal use of alcohol, drugs, or other substances that are illegal or unhealthy for minors.
7. **Keep each others' confidences in Alateen.** Anonymity is the spiritual foundation of the Alateen program. I will keep in confidence everything that is posted on this meeting site.

We are here for one common problem; let us concentrate on that. Alcoholism has impacted all our lives. Let's concentrate on sharing our experience, strength, and hope so we can find contentment and even happiness whether the alcoholics in our lives are still drinking or not.

If there is a sharing that doesn't fit within these requirements it is up to the Chat Meeting Sponsor/Moderators to use their best judgment in posting or not based on the principles of the Al-Anon program.

ALATEEN CHAT MEETING SPONSOR/MODERATOR ROLE: All Alateen Chat Meeting Sponsor/Moderators have been certified as Al-Anon Members Involved in Alateen Service by the Al-Anon Area (state/province) in which they reside. The Sponsor/Moderators are there to provide guidance to the Alateens and ensure a safe environment, just as Alateen Group Sponsors do in face-to-face Alateen meetings.

All posts to the AFG, Inc. Alateen Chat Meeting are sent to the Room Sponsor/Moderators for review and posting to the chat room and are archived to ensure compliance with the requirements. AFG, Inc. Alateen Chat Meeting and its Chat Room Sponsor/Moderators have the right at their sole discretion to refuse to post any content that, in their judgment (based on the Traditions and their understanding of the moderator role) does not comply with the Terms of Use or Rules of Conduct or is otherwise harmful, objectionable, or inaccurate.