

## District 3 Report – Fall Assembly – October 2018

- District 3 has had two new meetings start since the last Assembly. One of those new meetings is near the border between D3 and D4. At AWSC we spoke with D4 and decided that both districts would list the meeting on our meeting lists. There is another group looking to get started in Macclenny which is near District 2. Hopefully when that group gets going, they will also be listed on both District meeting lists.
- Attendance at District meetings has been good. At our September meeting, we had 16 voting members which is a record for us!
- Freddie was approached by WSO several months ago and asked to put her name in for an open member at large position on the WSO Public Outreach committee. She found out in late September that she was chosen to participate. Congratulations Freddie!!
- July was Freddie's first opportunity to attend CORE (Clinical Overview of the Recovery Process) at the Omni, Amelia Island. They are kind enough to give us a booth in their exhibit hall. We put our banners and pens to good use and manned the booth from Sunday through Tuesday. It was an amazing experience. I learned a LOT and found it very satisfying to pass our AFAs to people who would use them throughout the country. One individual was traveling to a recovery facility with family education. The facility is in Antigua and she took AFAs for the families.
- Duval County has a school dedicated to students who have been identified as addicted and have gone through a recovery program. We were approached about starting a grandparents meeting at the school. We voted to invest in literature and had a volunteer who was willing to facilitate the meeting. However, we closed the meeting after a month of trying. Although we were invited – we were very disappointed that no one followed through with us and no one attended the meetings. I'm sure HP has a plan in mind.
- We ordered and received 460 of the 2019 AFAs. They have all been labeled with our local information. We decided to mail five each to 127 professionals in NE Florida. We included 5 of our local meeting schedules, a fact sheet for professionals and a banner pen with a card showing them how to use it and explaining a little about Al-Anon. We submitted our version of a letter to professionals and WSO has approved it for printing and including in the mailing. All should be in the mail by the beginning of October.
- In addition, a group ordered 450 AFAs. Exactly how they are going to distribute the AFAs has not been decided. They meet in a location which does not allow rent to be paid and so they are getting creative with how they are self-supporting.
- We were asked to cooperate with AA and present information to part of the staff at Orange Park Medical Center. AA was asked to introduce Bridging the Gap and invited us to let the staff know what was available for family members. We provided them with AFAs, Fact Sheet for Professionals and information about Al-Anon. We were well received and hope to continue to support this effort to reach out to family and friends of Alcoholics.
- We are also participating with AA in a masquerade ball. The theme is Anonymous But Not Invisible. Past AA Delegates will address protecting your anonymity while still performing outreach. Al-Anon will have a 20 minute skit. It will be a sit down spaghetti dinner with presentations, raffles, and a

costume contest. That will be October 27<sup>th</sup> from 6 – 9 PM. Guests are asked to bring desert and RSVP at: <https://cpcpimasqueradeball2018.app.rsvpify.com/>

- Our Alateens attended and thoroughly enjoyed the Alateen Conference. They also traveled to Gainesville in response to an invitation to help get Alateen off the ground there and were able to attend our North Florida Convention.
- We currently have one fully certified AMAIS in our district. Several groups have talked about wanting to get an Alateen meeting going at their location, but we currently don't have the AMAIS to support them. Two members attended AMAIS training in Orlando in February. We are working to get their background checks done so that our Alateen group sponsor will have some backup. I'm hopeful that more will be willing to become certified to support additional groups.

In service,  
Gage M, DR & Freddie S., AISL