

## District 4 - - - North Florida AFG Area 9 - - - - Panel 58

Combined District Representative / Area Information Service Liaison Report  
AWSC Meeting August 18 – 19, 2018

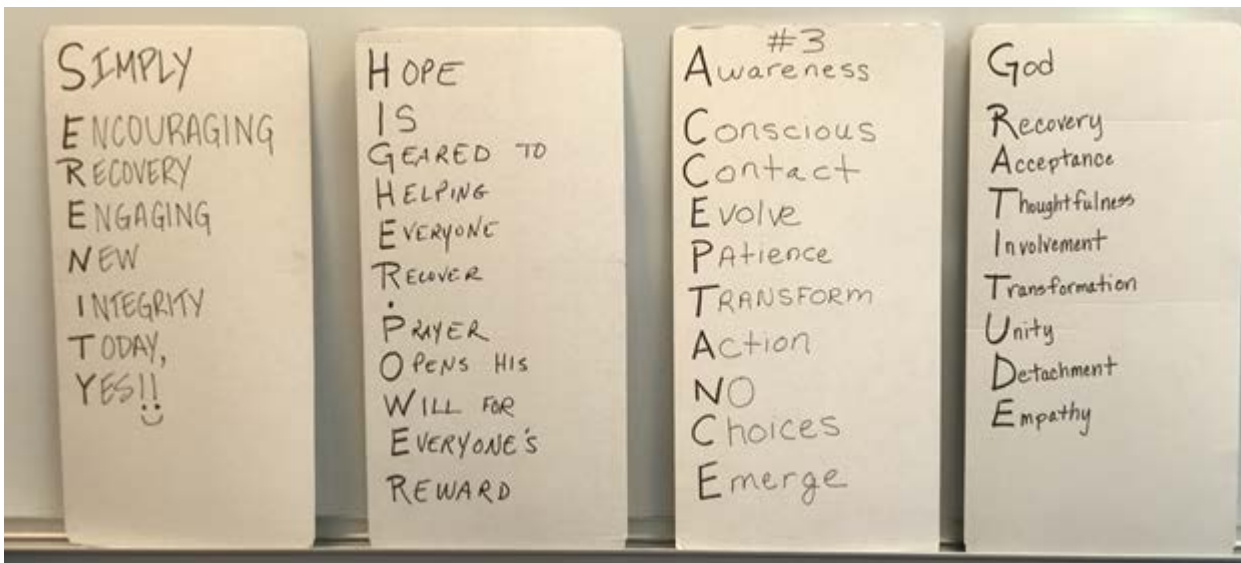
1. **Team building and ice breaker activities:** At our first Panel 58 District meeting in January we had an “ice breaker activity” called the “Find Your Match / Famous Couples” Game. Each meeting attendee had a name tag attached to their back with one part of a famous “pair”. Everyone had to ask questions of others about “who” they were and then find the person with the “pair” name.



It was a lot of fun and folks got to catch up with Panel 55 “returnees” and meet new Panel 58 members!

*Examples: Adam & Eve, Bogey & Bacall, Bonnie & Clyde, Romeo & Juliet, Salt & Pepper, Batman & Robin, Lois Lane & Clark Kent, etc.*

At our June meeting we had a “**team building exercise**” where everyone was divided randomly into 4 teams. Each team was given a word for which they had to develop an “acronym” – SERENITY, HIGHER POWER, ACCEPTANCE, GRATITUDE: Here are the results!



2. **District Survey:** Also, at our June District meeting we had a survey. The questions / topics were based on comments and suggestions from members about what they would like to see at our District meetings. Below is a very brief summary - - - a detailed report with comments is in preparation. Thanks to our Alternate DR Cheryl for the compilation of results.

Topic	In favor	Not in favor	Abstained
Spiritual Share - every other month (minimum)	15	6	3
Quarterly & "As Needed" Reports (instead of monthly)	21	1	2
GR "shout out" - please provide comments on what this involves if you vote in favor of it	19	3	2
More team building and icebreaker activities	15	6	3
Continue with "Let's Get to Know Each Other" Segment? Could this be combined with "GR shout out"? (~ 10 minutes)	14	8	2
Do we need a District level "Events Chair"? Please provide details about what this person would do	8	10	6
2019 trial: Alternate months District Meeting and Activity: Planning: We will need activity ideas and who is going to run them?	9	11	4
Do we need a "communications" and "technology" review? (committee)	18	1	5
District printing needs? W&W, reports, etc.	10	6	8

### 3. Upcoming events

- District **AMIAS** "meet-up" to brainstorm: August 13<sup>th</sup>, 2018 (Sallie, Alateen Chair)
- Trial changes to District meeting format: September 2018 meeting
  - "GR Dialog" segment (Sallie)
  - Concept Focus segment (Barbara)
- District **Gratitude Dinner**: November 10<sup>th</sup>, 2018 (Chair: Carol)
- **District Inventory** with Diane C. (Area Chairperson): January 2019 meeting

**AMIAS\***  
**WANTED!**



**4. AISL activities:** Because of the perception of confusion and uncertainty about the role and activities of AISL position, our AISL Betty Ann prepared a detailed list of all the correspondence she has provided on behalf of our District. **Our AISL performs a valuable service to our District.**

**Correspondence forwarded to members of District 4.**

**FEBRUARY:**

- \*\*January 2018 Chairman of the Board Letter (sent to all).
  - \*\*Spanish Area Goals (sent to all).
  - \*\*Alateen Reports presented at AWSC by Area Coordinator (sent to District Chair).
  - \*\*Literature Report presented at AWSC by Area Coordinator (sent to District Chair).
  - \*\*Convention Report presented at AWSC by Area Coordinator (sent to District Chair).
  - \*\*Group Records Report presented at AWSC by Area Coordinator (sent to District Chair).
  - \*\*Lois's Birthday Flyer (sent to all).
  - \*\*Children of Alcoholics Week Flyer (sent to all).
  - \*\*Trustee letter forwarded from Cindy J. (sent to all).
- AWSC AISL Report Presented at District Meeting.

**MARCH:**

- \*\*April Alcohol Awareness Month and Use of "Al-Anon Faces Alcoholism" pamphlet (sent to all).
- \*\*Mailing by Board of Trustees and WSO Staff of complimentary copy of newly revised 2018-2021 "Al-Anon and Alateen Groups at Work" (P-24) (sent to all).

**APRIL:**

- \*\***District 4 Outreach Projects" document sent to Area Public Outreach Coordinator.**
- \*\*"Red Light/Green Light Explanation Presentation" given at District Meeting.
- \*\*Hospitality co-hostess at District Meeting.

**MAY:**

- \*\*AISL Position Report developed at AWSC. (sent to DR).
- \*\***Public Outreach Area Committee Survey (sent to all). In addition to disseminating this information, AISL surveyed members and compiled the results as a report to Area.**
- \*\*Area Spanish Language Coordinator request to District. Search for meetings in District with Spanish speaking members. Gather feedback from them regarding their opinion for starting Spanish speaking meetings. Referred Coordinator to members found in District for follow-up meeting.

**JUNE:**

- \*\*Secretary and Spiritual Share for June District Meeting.
- \*\*Project Warm Flyer (sent to Group Reps).
- \*\*Forum flyer requesting members to forward experience, strength, and hope writings (sent to all).

## 5. Other District activities:

- Formed a “**steering committee**” to help District Representative with a variety of issues and discuss future planning (currently composed of DR, Alt DR, Secretary, Treasurer, AISL)
- **Treasurer:** Completed process of “legal incorporation” for District to proceed with banking system changes
- Formed a **budget committee** to assist Treasurer
- Updated District **Insurance Policy** and provided certificates of insurance as needed
- **Important updates to website for better security and ease of updating**
- Revised and simplified **Secretary** position description to be in line with advances in technology (email, digital reporting, etc.).
- Plan to revise other District position descriptions as needed.
- District-based research in support of Hispanic language meeting development
- **Communications / Technology Review Committee** formed: Addressing the best way to distribute information within the District and other technology issues
  - Leaders: LDC (Eleanor), Web (Mona) and Group Records (Roz)
  - Switching to more secure email distribution software
  - Posting more reports and flyers on web rather than disseminating via email
- New Secretary (Carol) started at July District Meeting; Thanks to Cheryl and Betty Ann who filled in for the May and June District Meetings.

Joyfully submitted by Sandra F. (Sandy) District 4 Representative and Betty Ann B. District 4 AISL

August 7, 2018