

## AFG AREA 9 SPIRITUAL MEETING GUIDELINES

### AREA WORLD SERVICE COMMITTEE (AWSC) and ASSEMBLIES

WHEN: Set by Area Chairperson for both functions.

WHERE: Set by Area Chairperson for both functions.

TIME: Set by Area Chairperson for both functions.

LENGTH: Approximately one hour

FORMAT: General Meeting Format following Al-Anon Guidelines

- Have a prepared topic
- Consider having someone who is new to service come to the function to lead the meeting
- If the group is large, consider using a microphone
- If the group is large, limit the sharing; say we need to move on
- Conference Approved Literature (CAL) only

#### MEETING TOPICS:

\* It is suggested the topic or focus is based on literature of a spiritual nature

Example:

- How has the weekend affected your serenity and spiritual growth?
- What is the most spiritual thing you are using in your life right now?
- How has your concept of your Higher Power changed since you have been in the program?
- Serenity Prayer
- Meditation and the Eleventh Step
- God as I understand Him
- Personal spiritual experience & spiritual awakenings
- Belief in a higher power
- Understanding God

REVISED BY PANEL 55 MAY 17, 2015

APPROVED BY AWSC AUGUST 2015